



Press Release

Tuesday February 5th, 2013

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Teachers learn to Fight Back against the ACTIVE SHOOTER



Krav Maga expert Eric Basek addressing the active shooter as he enters the classroom with gun drawn.

Lead instructor Eric Basek is a former SWAT operator and 7 year veteran of federal law enforcement who now owns Blue Titan Fitness & Self-Defense in Rockaway, NJ. Along with Eric, three assistant instructors and several of his own student volunteers offered a combined 55 years of law enforcement and military experience to these dedicated teachers.

For more information, contact Eric Basek at 862-209-4636 or Eric@BlueTitanFitness.com

Teachers at Morris Knolls and Morris Hills High Schools participated in a 2-Hour seminar where they learned some basic Krav Maga gun defenses in an effort to help prepare them against a potential active shooter.

Krav Maga is an Israeli Self-Defense that relies on instinctive movements that are known for their simplicity and violent effectiveness regardless of the user's size, age or ability.

Over 30 teachers volunteered their time after school learning the same basic handgun and rifle defenses that are taught to members of the Israeli military.



Teachers become students for a day to learn Krav Maga